

AHS Athletics – Spring Sports



Hello Warhawk Families!

Spring sports will be starting soon.

Please follow the procedures below to register for your 2024 spring sport.

Please find more details and information, including social media handles, method of team communication, spirit wear sales, pre-season open gyms and organizational meetings, on each particular sports home page on the Arrowhead website (www.arrowheadschoools.org/activities/sports).

Please reach out to the head coach or the activities office with questions.

Steps to Take to Participate in Athletics: These items must be complete to participate on the first day of the season. Please take care of these items at least 2 weeks prior to the start of your season to allow sufficient time for processing to avoid delays in your athlete's eligibility to participate.

1. **Sign up** on the **google form** on your particular sports home page on the AHS website (www.arrowheadschoools.org/activities/sports). The link to the form “**2023-2024 Spring Team Registration**” is on the right hand side.
2. **Confirm** a current physical examination (**green**) **card** is on file in the Activities Office. Per the WIAA, the physical examination (green) card is valid for the following two SCHOOL years if it is obtained after April 1 of that school year. Otherwise, a physical exam taken before April 1 of that school year is valid for the remainder of that school year and the following school year.
 - a. Physical exam cards are available in the North Campus Activities Office or the South Campus front office. We need the actual card to be signed and dated. Unfortunately, we cannot send this form electronically.
 - b. Please obtain a doctor's signature and date of the physical exam. A parent / guardian must also sign and date the green card.
 - c. Please return the green card to the North Campus Activities Office.
 - d. If the doctor is unable to sign the actual green card, a physical examination letter from the doctor's office with the physician's signature and date of physical exam will be accepted by the Activities Office BUT we still require a parent / guardian to sign and date the actual green card.
 - i. Physician offices may fax their exam letter to our office at 262-367-1870.
 - ii. Those forms can also be emailed to our office to the contacts list below.
3. **Sign three online forms** found on your Arrowhead Family Access Skyward account. The athlete and a parent/guardian must sign the three forms annually. We can automatically see the forms when complete so there is no need to print them.

The forms are:

 - * **Annual Athletic Permission Form**
 - * **Annual Concussion/Cardiac Arrest Form**
 - * **Annual WIAA High School Athletic Eligibility Information Form**
4. **Pay** an annual \$190 district athletic participation fee. This fee can be paid online through your Family Access Skyward account or by cash / check made payable to AHS and turned into the Activities Office or Jen Justice in the front office. Fees should be paid by the start of your season or immediately after making the team for a cut sport.

Eligibility for Athletics

All Student / Athletes must abide by the rules set forth in the AHS **Parent/Athlete Co-Curricular Code of Conduct** Handbook found at www.arrowheadschoools.org - Under Activities / General Info / Forms

Team Schedules / Daily Activities Calendar:

1. Please obtain practice, game and team event schedules from your Coach
2. Up-to-date game schedules with bus times can be found on your particular sports home page on the Arrowhead website (www.arrowheadschoools.org/activities/sports) as they become available
3. Game schedules can also be found on the Classic 8 website: www.classic8conference.org
 - Click on ‘Arrowhead’ under ‘School Calendars’
 - Find events on a particular day in the calendar view on the right hand side
 - Select your sport(s) under View Schedules or “Get the Mobile App”
 - **Device Notifications** are available through “Notify Me”

Spring Sports	Head Coach	Contact	Teams	Start Date
Baseball	Nick Brengosz	brengosz@arrowheadschoools.org 2023-2024 Baseball Team Registration @diamondwarhawks	Var, JV, JV2 Red (Frosh) JV2 Blue (Frosh)	March 18, 2024
Softball	Grace Salaja	salaja@arrowheadschoools.org 2023-2024 Softball Team Registration @AHSsoftball1	Var, JV, JV2 (Frosh)	March 11, 2024
Boys Tennis	John Stuart	john_stuart@icloud.com 2023-2024 Tennis Team Registration Insta: arrowheadboystennis	Var, JV, JV2	April 1, 2024
Boys Golf	Ryan Andrews	andrews@arrowheadschoools.org 2023-2024 Golf Team Registration @AHSBoysGolf	Var, VR, JV, JV2	April 1, 2024
Girls Soccer	Scott Asher	scottasher@live.com 2023-2024 Soccer Team Registration @AHSGSoccer	Varsity, JV, JV2	March 18, 2024
Girls Track & Field	Jason Eisenman	Jeise266@gmail.com 2023-2024 Girls T&F Team Registration @CoachHerriot	Var, JV – No Cut	March 4, 2024
Boys Track & Field	Chris Herriot	herriot@arrowheadschoools.org 2023-2024 Boys T&F Team Registration @CoachHerriot	Var, JV – No Cut	March 4, 2024
Girls Lacrosse	Sara Tuescher	arrowheadgirlslax@gmail.com 2023-2024 Girls LAX Team Registration @ahsgirlslax	Var, VR, JV	March 11, 2024
Boys Lacrosse	Dan McLendon	daemclendon@gmail.com 2023-2024 Boys LAX Team Registration @AHSLaxBoys	Varsity, JV	March 11, 2024

Activities Office located in AHS North Campus

262-369-3612

Ryan Mangan, Activities Director, ext 4203, mangan@arrowheadschoools.org

Patrick Cottrell, Assist Activities Director, ext 4202, cottrell@arrowheadschoools.org

Jill Bradley, Administrative Assistant, ext 4213, bradley@arrowheadschoools.org

Mon-Thurs, 7am to 11am & Friday, 7am to 3pm

Tina Groff, Administrative Assistant, ext 4213, groff@arrowheadschoools.org

Mon-Thurs, 10:45am to 4pm

Social Media:



Follow @ArrowheadActiv1

Arrowhead Administrative Staff
 Conrad Farner, Superintendent
 Adam Kurth, Principal
 Debra Paradowski, Asst Principal
 Becky Gordon, Asst Principal